

Neta Group Exercise Manual



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Co-developed rehab dining manual for company wide use. Speech Language Pathologist JFK Health System Group Fitness Instructor NETA. MELT Hand & Foot Instructor (Link)

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Sarah condon | linkedin

View Sarah Condon's professional profile on created an instructional manual for future NETA Personal Trainer and Group Fitness NETA Starting September

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NETA s The Fitness Professional's Manual, This is an excellent tool to prepare for the Group Exercise Instructor workshop and certification exam. Preview.

Jennifer sorvari-hedlund - physical therapist in

At her Poplar clinic, Jennifer specializes in osteopathic manual medicine, neck & back pain, myofascial release, muscle energy, Graston technique and more!

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In this article I will be talking all about the NETA personal training certification. It is a mid-level certification that is accredited by the NCCA.

Neta fitness professional manual | tricia joy

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About Us. Andy Cowing has over 30 years of experience in athletic development, corrective exercise, sports rehabilitation, and holistic health. He has coached

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